Disabling a participant’s video can occur before or during a Zoom meeting.

**Before a Meeting:**
When you are scheduling a Zoom meeting, you can set the meeting to start with or without videos from your meeting participants. To start meetings without participant videos turned on, select off.

![Video setting example](image)

Please note that participants can choose to turn their video back on during the meeting.

**During a Meeting:**
If you need to disable a participant’s video during a meeting, select Manage Participants.

![Manage Participants interface](image)

Hover over the participant that you would like to disable and select More.

![Participant options](image)

Select Stop Video.